



## Why we do what we do?

The Nursery School uses the Early Years Foundation Stage (EYFS) curriculum and all the activities we provide link to these in some way to make your child's learning experience both enjoyable and educational.

Area of Learning and Development	Aspect
<b>Prime Areas</b>	
<b>Personal, Social and Emotional Development (PSED)</b>	Making relationships
	Self-confidence and self-awareness
	Managing feelings and behaviour
<b>Physical Development (PD)</b>	Moving and handling
	Health and self-care
<b>Communication and Language (CL)</b>	Listening and attention
	Understanding
	Speaking
<b>Specific areas</b>	
<b>Literacy (L)</b>	Reading
	Writing
<b>Mathematics (M)</b>	Numbers
	Shape, space and measure
<b>Understanding the World (UTW)</b>	People and communities
	The world
	Technology
<b>Expressive Arts and Design (EAD)</b>	Exploring and using media and materials
	Being imaginative

**FREE PLAY** - gives your child room to explore their surroundings, try things out, and become independent while being able to check in with their Key Person for reassurance should they need it. This all helps build their resilience, curiosity and social skills.



**STORY TIME** - is a chance for your child to enjoy some quiet, concentration time while an adult reads. This is a difficult task to master if you are a child who likes to keep busy. Therefore practice at home will help them master this as they cuddle up with you while you read a book to them. It reinforces expectations and boundaries of the activity I.E. sit and listen and look and discuss the pictures. It will only take a few minutes and is so enjoyable and calming and helps build a joy of books from an early age. The ability to sit and listen will pay dividends in later life when they start school. Encouraging the children to remember the story and talking about it helps build memory skills as well as their knowledge and understanding too. If you would like to read the story to the children in nursery please let Jackie or Sarah know, as this will perhaps help a child focus if their parent is reading the story.



**SNACK TIME** - encourages hand washing independence as well as promotes healthy eating choices. It also gives the children chance to socialise with their peers. Children may like to set the table and pour their own drink, just another way of incorporating independence, maths and physical development (hand eye co-ordination).



**MUSIC AND RHYME** - is a time to build the child's listening skills in a fun way. Who doesn't like banging a drum or ringing a bell? It also develops their social skills by taking turns with the song sack as well as memory skills as they remember the songs associated with the object. It helps develop fine motor skills and speech as they begin to join in with the actions and sing. They will also begin to express a preference of their favourite songs, which comes under PSED. Action songs encourage gross motor movements in an entertaining way. Such as head, shoulders, knees and toes and the Hokey Cokey, which the children love.



**ART AND CRAFTS** - Are offered and encouraged to enable children to express themselves as well as developing mark-making skills in preparation for writing later. We try to make these activities child led which means they focus on process rather than product. This enables us to encourage the child to talk about their creation and develop a more in depth knowledge of their interests. We may encourage children to make cards for celebrated events such as Christmas, Diwali, Easter and Mother's Day as this links to people and communities and forms part of the EYFS "Understand the World." It also links to Personal, Social and Emotional Development as the child chooses to make a card because they want to make the person happy.



**ROLE PLAY** - is encouraged to develop a child's dressing skills as well as their imagination. This is part of every free play session for the children to freely access. This gives the Key Person a real insight into a child's understanding of the world, if playing shops or mummy and daddies. It also encourages collaborative play with peers and masses of communication and language as they develop their role play story.



**OUTSIDE PLAY** - Children need to run around and play, it is a natural impulse all children have. It's a chance to develop their imaginations as well as their gross motor skills. We provide a play area that is both stimulating and challenging to help children develop both physically and in confidence. It's been proven that plenty of fresh air is important to aid restful sleep. We like to go outside as often as possible so ensure your child has a coat and wellies if wet.



Please feel free to come and play too.

We welcome any contribution a parent or grandparent would like to make. From reading a story, cooking a traditional dish for the children to share, bringing in a pet or talking about your job. All these enrich the children's learning in an entertaining way.